

# KOTK Ekeren 5KM

	2015	2016	2017	2018	2019
Luca Cristaldi					24.29
Alain Verboom					27.48
Mireille De Wachter					34.04
Linda Janssens					34.04

# KOTK Ekeren 10KM

	2015	2016	2017	2018	2019
Erika Schellens					53.48
Jef Jacobs					54.57
Frank Harsdorf					1.02.17
Philippe Vercruysse					1.02.29